

THE GALEN TIMES

"Believe you can and you're half way there" - Theodore Roosevelt

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SOMETHING TO THINK ABOUT...

In preparation for the ending of the Fall semester, let's take some time to think back on the past few weeks that we have spent with efforts to achieve our academic goals. Let's also think back on the experiences we have had (positive and/ or negative) as the Fall semester unfolds. What do you want to change for the remainder of the semester? What academic strategies do you think are most useful? What do you plan to do to achieve your goals? How can you utilize your resources and time to better achieve your goals?

We hope that through the hard work and dedication you continue to convey, not only to your goals academically and professionally, but also find happiness in what you do. "Live long and prosper." - Leonard Nimoy



PRIME MINISTERIAL DEBATE

On Wednesday, October 28th, at 8:00 pm, the leaders of the four contesting parties (United Democratic Party, the Peoples' United Party, the Belize Progressive Party, and the Belize People's Front) have been invited to participate in the upcoming Prime Ministerial Debate. This year's theme encompasses "Achieving Sustainable Development in Belize". They are to elaborate their political-economic perspective, plan, agendas, and strategies towards Belize becoming a more sustainably developed nation.

The debate has been planned with the hope that it can help inform and educate the public and stakeholders as to where each political party stands in terms of Belize's socio-economic strategies and goals.

This debate will be broadcasted live on Love FM/ TV, More FM, and Estereo Amor. Additionally, the debate will be streamed via the Facebook pages of The Belize Chamber of Commerce and Industry (BCCI), Love TV, and Galen University. As Belizeans we ought to achieving a better world for today and the future. Tune in for an encouraging and informative broadcast.

Sustainable Development

"Sustainable development is the development of the present economy, keeping in mind the future generation, without causing the depletion of the environmental and social sectors.

There are a vast amount of disastrous consequences that arise by living in an unsustainable manner which in result affects everyone.

Sustainable development can only be enforced in countries if the sustainable institutional framework is put into effect. It is

of high importance that the governments not only show their support but also leadership in

promoting sustainable development." - Gissellie Pinelo, Galen University Environmental Science student



DIA DE LOS MUERTOS

Dia de los Muertos (Day of the dead), also known as Los Finados, is celebrated to honour and remember our loved ones whether it be friends, family members, or even those who have made a great impact in our lives. It celebrates both life and death through a variety of practices such as sharing food, drinks, and celebrations. The celebration is commonly done by vibrantly dressing up as the dead, as well as creating an altar that includes water, candles, flowers, and the departed soul's favourite food and picture. In Belize, it also includes traditional foods such as Tamalitos, Bollos, Escabeche, and X'pasha (a drink made with purple corn).

Often times prayers are associated with this special day of remembrance. In some way, we can say that the dead keeps on living through our memories and stories, they may be gone but never forgotten. It is without a doubt one of the most symbolic days for those who believe in this practice. It is important to respect each other's beliefs as long as it does not hurt anyone, even though it might differ from your personal beliefs



**"The Dead are like the stars
by day; withdrawn from
mortal eye, but not extinct,
they hold their way in glory
through the sky."**

- James Montgomery



EVENTS:

CAYO ANIMAL WELFARE SOCIETY
THE HUMANE SOCIETY SERVING SAN IGNACIO / SANTA ELENA AND THE CAYO DISTRICT



EAT FOR A CAUSE (CAWS)

SPAY-GHETTI & NEUTERED BROWNIES

THURSDAY, OCTOBER 29TH
11:00 AM – 7:00 PM

AT THE COOLING RACK
Inside Cahal Pech Resort

FUNDRAISER DETAILS

The Cooling Rack & Sweet Lemon will donate 20% of all sales when you either bring this flyer or show it on your mobile device. Dine in or Take Out! The money raised will go towards CAWS Spay & Neuter Clinics.

MEAL DEAL #1: \$50 Per Order (Feeds 3-4 People)
The Cooling Rack's Spaghetti (2 Orders), Two 5.5 Inch Lasagna, 1 Loaf Garlic Bread, 1 Garden Salad, Sweet Lemon's Decadent Trio of Chocolate-No Nuts Brownies

MEAL DEAL #2: \$30 Per Order (Feeds 2-3 People)
The Cooling Rack's Italian Trio (Lasagna, Chicken Parmesan & Fettucine Alfredo), 1 Garden Salad, 2 Pieces Garlic Bread, 2 Sweet Lemon Decadent Chocolate-No Nuts Brownies

MEAL DEAL #3: \$20 Per Order (Feeds 1-2 People)
The Cooling Rack's Lasagna, Pieces of Garlic Bread, Side Salad & 1 Sweet Lemon Decadent Chocolate-No Nuts Brownie





Reservations are required for dine in!
Dine in or take-out options!!!
WhatsApp 671-0740 for orders & questions
For additional event info please email:
info@cayoanimalwelfaresociety.org





IMPORTANT DATES:

- **October 26th -30th:** Advising period for 2019-2 Spring semester. All students are required to meet with their advisors in person or online in preparation for "Selection of courses" and for continuous academic mentoring.
- **November 2nd- 7th:** Course Evaluation/ Evaluation of teaching by Student
- **November 2nd-7th:** Mandatory "Selection of Courses" For 2020-2 Spring Semester
- **November 14th-** Last day for entry into Galen for January 2020

